

X-Ray Hours of Operation: No appointment necessary

- ◇ Monday to Friday 8:00am to 8:30pm
- ◇ Saturday, Sunday & Statutory Holidays 8:00am to 3:30pm

Bring this requisition, and follow the instructions exactly to avoid re-scheduling your appointment.

Arrive 15 minutes early to allow for registration and bring your Health card.

No scented products

If Medications must be taken before exam, do so with as little water as possible and as early as possible.

- Mammography** - No powder, deodorant or perfume. Do not fast.

Dress comfortably in a two piece outfit since you will be asked to undress above the waist for the test.

- Bone Mineral Density**

- Do not take Calcium supplements the day of your exam.
- NOT to be booked within 10 days of a Barium study or within 7 days of a Nuclear Medicine / X-Ray Dye study.
- Bring a list of your medications.

- Ultrasound** We do NOT perform arterial studies on patients with previous stents/bypass graft surgery in legs. We also do not perform Arm Arterial studies or Aorto-Iliac studies.

- 1. Carotid Doppler** - If previous studies were not performed by ADMH, previous reports must be sent to ensure proper reporting.
- 2. Peripheral Leg Arterial Doppler** - If previous studies were not performed by ADMH, previous reports must be sent to ensure proper reporting.
- 3. Abdomen** - Do not eat or drink for **6 hours** prior to exam.
- 4. Abdomen & Pelvis** - Do not eat for 6 hours prior to exam. A full bladder is required. 1 ½ hours prior to your exam, void and then drink 4-6 glasses of water. Finish drinking 1 hour before your appointment time. DO NOT EMPTY BLADDER
- 5. Kidney & Pelvis** - Do not eat for 6 hours prior to exam. A full bladder is required. 1 ½ hours prior to your exam, void and then drink 4-6 glasses of water. Finish drinking 1 hour before your appointment time. DO NOT EMPTY BLADDER
- 6. Pelvis or Pregnancy** -A full bladder is required. 1 ½ hours prior to your exam, void and then drink 4-6 glasses of water. Finish drinking 1 hour before your appointment time. DO NOT EMPTY BLADDER
- 7. Pregnancy after 18 weeks** - A full bladder is required. 1 ½ hours prior to your exam, void and then drink 2-3 glasses of water. Finish drinking 1 hour before your appointment time. DO NOT EMPTY BLADDER

Start Drinking water at _____

Finish Drinking water at _____