April 3, 2024

In March, Resident’s Council was focused on finding ways to create a more home-like atmosphere. The Council selected finishes for the new communication boards that will be on each Home Area. The communication boards will include the daily recreation programs, menus, and helpful information like the weather forecast.

The Council was also presented with examples of door coverings for resident’s doors. These door coverings will provide a personalized and homey entrance for each resident, and brighten the hallways. The Council was able to see a small selection of some of the available designs and were pleased with the options. A full catalog will be available to peruse soon.

The Recreation team will be working with Council to bring a petting farm to the courtyard for residents, staff, and visitors to enjoy. This is a unique way to use the funds raised by Council and the residents through craft and bake sales.

The next Resident’s Council meeting will be Wednesday April 24 at 10:00am.

Our focus over the coming months will be on communication.

We always want to ensure that residents, family members, and visitors know who is providing care and services. We are implementing two new things this month to help with this: we will be putting up boards on each Resident Home Area displaying who is providing care and services that day, and team members will start to wear large-print name tags. Let us know what you think of these two initiatives!

It is important that residents and visitors are aware when a resident is nearing the end of their life. If you notice a butterfly hanging on a door or on a memory box that will signify that the resident is at the end
of their journey. This will help to ensure privacy and quiet for the residents and their loved ones. If there is a **dove** displayed on the door that indicates that the resident has passed away. We will also be placing a candle at the table seat of the resident who has passed so their regular tablemates are aware.

The leadership team at the Grove is going through several changes. Patricia Murphy, our Resident Services Manager who oversaw the Oak and Pine Home Areas, has left us for another opportunity. I know you join me in wishing her the very best in her next adventure!

To best meet the needs of the residents, families, and staff at the Grove, we have decided to make changes to the management portfolio. The Manager of Food Services, and Manager of Environmental Services positions at the Grove will be merged into one position. Previously, these roles were shared with the Hospital. We are very happy to announce that Jennifer Wilkinson will be joining the Grove as of April 15th and will be taking on Food, Housekeeping and Laundry services at the home. Jennifer will be on site full-time. Welcome Jennifer!

As Jennifer steps into her new role, I wanted to thank Christina Carnegie and John Gruno for their hard work and dedication and their help with this transition. Christina will take on Food and Environmental Services at the Hospital, and John will continue to oversee maintenance across all sites.

We will be introducing a change in the nursing structure which includes a new position, Director of Care. The Director of Care will be overseeing nursing at the Grove along with two Associate Directors of Care. An announcement will be made shortly with further details.

I am looking forward to providing further updates in the next Grove Groove!

**Jennifer Powley, VP Senior Care, LTC, Senior Programs**  
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Correction from last issue: the correct date of the next meeting is Wed. May 1 at 4:30 pm in the Conference room at the Grove.

The newly recruited Director of Care as well as the new Associate Directors of Care and the Director of Food Services/Environmental Services will be introduced at this meeting. As well, Michaela McClymont, Life Enrichment Manager will attend to share an update on her department and to answer any questions you may have.

We are happy to share that June McManus has agreed to take on the role of Treasurer with the FFC.

At our March meeting, members approved our objectives as a Family Council for 2024. They are as follows:

RESIDENT-FOCUSED:

- Collaborate with staff to enhance the move-in experience reflecting a true congenial welcoming for the resident and their family as well as a comprehensive holistic resident assessment of their needs and expectations that are clearly communicated to the staff. **Timeline: Ongoing**
- Establish an opportunity for each new resident and family to meet with FFC executive as a means of orientation to FFC mission, vision, values, structure, key goals and initiatives. **Timeline: Initiate April 2024**
- Establish a “Seniors have dreams too!” program in collaboration with the Life Enrichment staff. **Timeline: Initiate June ’24**
- Collaborate with staff to explore opportunities for increasing the number and variety of residents outings, which may include walks, morning coffee trips, museum visits, etc. **Timeline: Ongoing**
- To contribute to quality of life of all residents, establish ways to acknowledge special events such as Easter, Thanksgiving, Christmas, Men’s Day, Women’s Day, etc. **Timeline: Ongoing**
- Establish allied health services to complement dental hygiene services, ie., hearing and vision services to be provided on site. **Timeline: May ’24**
- Monitor the indicators of the culture change to the PCC model and identify improvements, as necessary. Ensure communication to FFC/RC through the family and resident representative(s) on the CQI committee. **Timeline: Ongoing**
STAFF-FOCUSED:

- Consider collective staff appreciation initiatives annually. **Timeline: May Nurses’ Week; Fall initiative; Christmas initiative**

FAMILY-FOCUSED:

- Establish a ‘slush fund’ as a means of contributing to additional resident outings, the Senior’s Dream program, staff appreciation, etc. ($20 per resident per year). The fund may be supplemented by ad hoc contributions as well as with bake sales, book sales, etc. The fund will be managed by June McManus, FFC treasurer, with the support of ARH Finance Department, as necessary. **Timeline: March ’24**
- Plan a pot luck meal or other social event to coincide with the AGM in December. The intent is to encourage membership in FFC and to recognize all families for their commitment to the residents, staff and each other. **Timeline: annually in December**

Staff Liaison: 613-623-6547, ext. 221 | FFCGrove@gmail.com
Chair: Marilyn Colton (mcolton@xplornet.com) | Co-Chair: Laurie Kline (laurie.kline5@gmail.com)
The St Patrick’s Day Party was a smashing success! There were lots of great green outfits and toe-tapping tunes.

Coming up in April, we are excited to welcome some smaller visitors: a parent and baby group and the EarlyON toddler/preschool Play Group will both be coming to the Grove. The antics of the children are sure to bring joy to the residents.

April 23rd is “Tropical Tuesday”, complete with foam leis and groovy music! There will also be two craft and bake sales this month: Friday April 12th at 2:00pm, and Wednesday April 24th at 3:30pm in the Front Gathering Room.

The full schedule of events and activities for each Home Area can be found here.

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In the interest of supporting greater continuity of care, we have created new master rotations for our Personal Support Workers that will be specific to each Resident Home Area. These new schedules will start in mid-May.

As we continue to work on develop tools and education for responsive behaviours, we have recruited a recreation team member to be part of the responsive behaviours team. It is our hope that working with an interdisciplinary group, we can draw on the many skills and experiences of all our staff to provide better care.

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