



March 5, 2024

We are very excited to be introducing the first edition of the Grove Home's newsletter: "The Grove Groove". This monthly newsletter will be published on the first Tuesday of each month on our website: <https://www.arnpriorregionalhealth.ca/grove-nursing-home/family-resources/>

In the newsletter you will find updates from our leadership team on both strategic and operational information related to the Grove Home.



First, I am very happy to have joined the Arnprior Regional Health team at the Grove Home as the VP Senior Care, LTC, Senior Programs! I am looking forward to working with residents, family, friends, and our front-line team. If you haven't already, please drop in to my office to say hi and introduce yourself – my office is by the vending machines on the first floor and my door is open.

Second, in the next couple of weeks, we will be introducing the Resident and Family Survey. This survey is an important tool to assess how our residents and families feel about the care and services received at the Grove Home, and to identify areas for improvement. The results of this survey play a significant role in our operations, so I encourage you to participate. You can expect to receive an email with a link to the survey on Friday, March 15th, 2024. Hard copies will also be available in the Business Office. The survey will be open until Friday, March 29th, 2024.

If you have any feedback about the "Groove", please don't hesitate to reach out to me. This is a brand-new endeavour, and our team is open to suggestions.

Jennifer Powley, VP Senior Care, LTC, Senior Programs

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THE GROVE HOME GROOVE



We are very happy to welcome Jen Powley as leader of the Grove team. As your FFC, we look forward to a respectful, responsive, and professional relationship with Jen and her team as we work as partners to achieve resident-directed care and quality outcomes for all residents. We are happy to be part of this evolving newsletter. Copies can also be can picked up at our bulletin board adjacent to the elevator.

- **ARH website:** We urge all families with internet access to search the ARH website>Grove Home>Family and Friends Council. You will see several important documents including our Family Partners chart, the Terms of Reference for FFC and the contact information for key staff.
- **FFC Meetings:** Our meetings for 2024 are Mar 6, May 8, Sept 4, Nov 6 at 4:30 pm in the Conference room at the Grove. You can attend in-person or virtual via the link provided. Jen Powley, Jen Theron, and Patricia Murphy have been invited to attend the Mar 6 meeting. Both Jen Powley and Carol Beattie have standing invitations to 2024 meetings.
- **Direct contact with FFC executive:** If you wish to have direct contact via email, please forward your email address to Marilyn Colton, chair, mcolton@xplornet.com or ffcgrove@gmail.com or phone 613-839-5735. Please note that your email is never shared, and all email is sent out blind copy (BCC) so that your privacy is protected. Through direct contact, we can provide FFC information/education to you efficiently without adding to the workload of our Staff Assistant, April Sybiraz. For those families without email, please check the FFC bulletin board.

Current initiatives re care quality and Quality of Life for all residents:

- A policy re the utilization of Echo Show (Alexa) has been implemented so that families can converse with the residents from a distance.
- The resident/family handbook is being updated
- Resident/family experience surveys will be conducted this year so that quality issues can be identified and acted upon, and positives can be expressed and shared with all staff.
- Family members will engage with the architect, Hobin, to make the Grove more 'homelike'
- Families have identified quality issues that will be prioritized and addressed by staff within the next few months. You can reference the listing in the minutes of the Jan 3/24 meeting (on the website and posted on the bulletin board).

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Chair: Marilyn Colton (mcolton@xplornet.com) | Co-Chair: Laurie Kline (laurie.kline5@gmail.com)



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February was an exciting month! Our Winter Carnival was a big hit, with activities like snowball toss, broomball, ice fishing, curling, and more. Every day we had several winter-themed activities to appeal to a wide range of interests.



Valentine's Day was another special day, with a Home-wide party in the Gathering Room. Everyone enjoyed themed crafts and activities and listening to live music by Andrew McDougall.

We are looking forward to hosting a Grade 4/5 class on Friday March 8th for intergenerational activities. On March 17th, there will be a Home-wide St. Patrick's Day party in the Gathering Room with live music by Alan Wright. The full schedule of events and activities for each Home Area can be [found here](#).

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Recently, we have started a targeted focus on skin and wound care at the Grove Home. As part of this heightened focus, we have developed a wound care binder for our skin and wound care team and other registered staff to use as a resource. This binder will be invaluable as staff continue to deepen their understanding of skin and wound care.

We also continue to focus on fall prevention. We are currently reviewing the Registered Nurses Association of Ontario's (RNAO) best guidelines for fall prevention with the fall prevention team. An RNAO member on our team is helping to guide this important review.

Jen Theron, Resident Care Manager

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