

Sunday

Monday

Tuesday

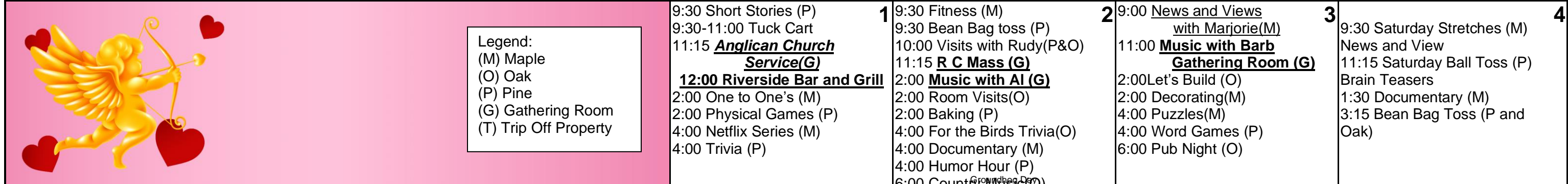
Wednesday

Thursday

Friday

Saturday

Legend:
 (M) Maple
 (O) Oak
 (P) Pine
 (G) Gathering Room
 (T) Trip Off Property



<p>9:45 Movement to Music (O) 5 News and View 11:15 Suit Case Game (P) 1:15 Church Service (M) 2:15 Church Service (O) 3:00 Documentary (M and O) 3:15 Creative Crafts (P)</p>	<p>9:15 Motivated Monday (O) 6 11:30 Hymn Sing /Milton(G) 2:00 Monster Bingo(M) (\$2.00 A Card) 2:00 Manicures (P/O) 4:00 Let's Laugh (M) 4:00 Travel to Paris(O)</p>	<p>9:15 Fitness(O) 7 10:00 Visits with Rudy (M) 10:30 Resident Recreation Planning Meeting (G) 11:15 Let's Laugh(O) 2:00 Music with Susan (G) 4:00 Ring Toss(O and P) 5:00 Men's Group Supper (M) Harvest Room</p>	<p>9:30 Short Stories (P) 1 9:30-11:00 Tuck Cart 11:15 Anglican Church Service(G) 12:00 Riverside Bar and Grill 2:00 One to One's (M) 2:00 Physical Games (P) 4:00 Netflix Series (M) 4:00 Trivia (P)</p>	<p>9:30 Fitness (M) 2 9:30 Bean Bag toss (P) 10:00 Visits with Rudy(P&O) 11:15 R C Mass (G) 2:00 Music with AI (G) 2:00 Room Visits(O) 2:00 Baking (P) 4:00 For the Birds Trivia(O) 4:00 Documentary (M) 4:00 Humor Hour (P) 6:00 Countdown</p>	<p>9:00 News and Views with Marjorie(M) 3 11:00 Music with Barb Gathering Room (G) 2:00 Let's Build (O) 2:00 Decorating(M) 4:00 Puzzles(M) 4:00 Word Games (P) 6:00 Pub Night (O)</p>	<p>9:30 Saturday Stretches (M) 4 News and View 11:15 Saturday Ball Toss (P) Brain Teasers 1:30 Documentary (M) 3:15 Bean Bag Toss (P and Oak)</p>
---	--	---	---	---	--	---

<p>9:15 Sunday Stretches (O) 12 11:00 David's Gospel Sing(G) 2:00 Hymn Sing(O) 2:00 Church Service(M) 4:00 Sunday Social(O) 4:00 Hymn Sing (P)</p>	<p>9:30 Exercise (M) 13 11:00 Name that Tune (P) 2:00 Bingo (M P O) 3:00 Euchre (M)</p>	<p>10:00 Visits with Rudy(M) 14 10:00 Resident Council(G) 11:30 Food for Thought(G) 2:00 Valentine's Day Social(M) 4:00 Rosary Prayer(M&O)</p> <p style="text-align: center;">Valentine's Day</p>	<p>9:30-11:00 Tuck Cart 15 11:15 Presbyterian Church Service(G) 2:00 Birthday Bash with Allan and Friends (M) Karl and Linda (O) 4:00 Netflix Series(M)</p>	<p>10:00 Visits with Rudy(P&O) 16 10:00 Lunch and Shop Renfrew (T) 4:00 Documentary(M) 4:00 Painting (P)</p>	<p>9:00 News and Views with Marjorie(M) 17 11:00 Music with Barb(G) 2:00 Crafting(M) 4:00 Coloring (P)</p>	<p>9:30 Saturday Stretches (M) 18 News and View 11:15 Saturday Social (P) Brain Teasers 1:30 Bean Bag Toss (M) 3:15 Horse Shoes (P and O)</p>
---	---	--	---	---	--	---

<p>9:15 Sunday Stretches (M) 19 News and View 10:30 Movement to Music (O) News and View 11:15 Travel Game (P) 1:15 Church Service (M) 2:15 Church Service (O) 3:00 Documentary (M and O) 3:15 Baking (P)</p>	<p style="text-align: center;">Family Day 20 The Recreation Department will be closed today</p> <p style="text-align: center;">Presidents' Day</p>	<p>10:00 Visits with Rudy(M) 21 2:00 Music with Bob and Don (G) 4:00 Mardi Gras Word Game(M and P) 6:00 Ladies' Group(M)</p> <p style="text-align: center;">Laurin off Mardi Gras</p>	<p>9:15 Ball Toss (P) 22 9:15 Fitness(O) 9:30-11:00 Tuck Cart 11:00 Church Service With Josiah(G) 2:00 Music Hour(G) 4:00 Games (P) 4:00 One to One's (O) 6:00 Cards(M)</p> <p style="text-align: center;">Ash Wednesday</p>	<p>10:00 Visits with Rudy(P&O) 23 11:00 Documentary (P) 2:00 Crafts (P) 3:30 Music Lynne(G) 4:00 Trivia (M)</p>	<p>9:00 News and Views with Marjorie(M) 24 9:15 Too Fit to Fall (M) 9:15 Friday Fun Fitness (O) 11:15 Music Bingo (P) 11:15 Let's Build(play-doh)(O) 1:15 Documentary (M) 2:00 Baking(O) 4:00 Name that Tune(O) 4:00 Darts and Drinks (P)</p>	<p>9:15 Stretches (O) 25 11:15 Saturday Sports (M) 2:00 Let's Sing(P) 4:00 Let's Paint (O)</p>
---	--	--	--	---	---	--

<p>9:15 Sunday Stretches(O) 26 11:00 David's Gospel Sing(G) 2:00 Church Service (M) 4:00 Sunday Social (Hot Chocolate) (O and P)</p>	<p>9:30 Bean Bag Toss (P) 27 11:15 Fitness (O) 11:00 Word Games (P) 2:00 Bingo (M and O) 3:15 Euchre (M) 4:00 Bean Bag Toss(O) 6:00 Pub Night & Pizza Party(O)</p>	<p>10:00 Visit with Rudy (M) 28 11:15 Fitness (P) 2:00 Bingo (O) 4:00 Travel to Rome (M) 6:00 Movie Night</p>	<h1 style="color: red;">FEBRUARY 2023</h1> <h2 style="color: black;">The Grove Nursing Home</h2>			
---	---	--	--	--	--	--