


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 Visits with Rudy 1 11:30 Spelling Bee 2:00 <u>Baking</u> 6:00 Ladies Night	11:00 Strength Training 2 11:15 <u>Anglican Church Service</u> 1:00 Tuck Cart 12:15 <u>"Lunch Bunch" at Jim's (\$11.00 a Ticket) (List will be Posted)</u> 6:00 Men's Night	11:15 <u>R C Mass</u> 3 2:00 <u>Music with Alan Wright</u> 2:00 <u>Bake & Craft Sale</u> 4:00 Word Game 6:00 Pub Social	9:00 <u>News and Views with Marjorie</u> 4 11:00 <u>Music with Barb Mair Gathering Room</u> 4:30 Humor Hour and Dad Jokes	10:15 Coffee Break 5 11:30 Fitness 2:00 Afternoon Movie with Popcorn and Pop 4:00 One to One's
10:15 Sunday Social 6 11:00 <u>David Gospel Sing Gathering Room</u> 2:00 Remembrance Day Service – Gathering Room 4:00 Hymn Sing <small>Daylight Saving Time Ends</small>	9:30 Fitness 7 11:30 <u>Hymn Sing with Milton</u> 2:00 Bingo 3:00 Euchre	9:00 <u>Manicures</u> 8 10:00 Visits with Rudy 10:30 <u>Resident Recreation Planning Meeting</u> 11:30 <u>Food for Thought</u> 2:00 One to One Time 4:00 Rosary Prayer	9:30 Strength Training 9 11:00 <u>Church with Josiah</u> 1:00 Tuck Cart 1:30 <u>Shopping at Giant Tiger</u> 4:00 Room Visits	9:30 Too Fit to Fall 10 2:00 <u>Music with Dan and Norbert</u> 4:00 Room Visits	Remembrance Day 11  <small>Veterans Day Remembrance Day (Canada)</small>	9:15 Exercise 12 2:30 Name that Tune
9:30 Sunday News and Views 13 1:30 Church Service U tube	11:30 Fitness 14 2:00 <u>Monster Bingo (\$2.00 A Card)</u> 4:00 Name that Tune 6:00 Room Visits	10:00 Visits with Rudy 15 10:00 Resident's <u>Council</u> 11:30 Too Fit to Fall 2:00 <u>Baking</u> 6:00 Knitting Group	11:15 <u>Presbyterian Church Service</u> 16 1:00 Tuck Cart 2:00 <u>Birthday Bash with Karl and Linda</u> 4:00 One to One's 6:00 Cards	11:30 Yoga 17 2:00 <u>Music with Steven Williams</u> 2:00 <u>Bake & Craft Sale</u> 4:00 Game of Things 6:00 Pub Social	9:00 <u>News and Views with Marjorie</u> 18 2:00 <u>Bit of Music In the Gathering Room</u> 4:30 Games	10:15 Coffee Break 19 11:30 Fitness 2:00 Crafting 4:00 One to One's
10:15 Sunday Social 20 11:00 <u>David Gospel Sing Gathering Room</u> 2:00 Church Service 4:00 Hymn Sing	9:30 Fitness 21 2:00 Bingo 3:00 Euchre	9:30 Too Fit to Fall 22 10:00 Visits with Rudy 10:30 <u>Lunch and Shop in Renfrew</u> 4:00 Rosary Prayer	9:30 Strength Training 23 11:30 <u>Lunch at P.J's (List will be Posted)</u> 1:00 Tuck Cart 2:00 Christmas Crafting 4:00 Apple Apps	9:30 Yoga 24 10:30 <u>Music with Bob and Don in the Gathering Room</u> 3:30 <u>Music with Lynne In the Gathering Room</u> <small>Thanksgiving Day (US)</small>	9:00 <u>News and Views with Marjorie</u> 25 9:30 Fitness 11:00 <u>Music with Barb Mair Gathering Room</u> 2:00 Christmas Crafting 4:00 Puzzles	1:00- 3:00 Christmas Craft Fair Nick Smith Center
9:30 Sunday Stretches 27 2:00 Church Service U tube 4:30 Alphabet Game	11:30 Fitness 28 2:00 Bingo 4:00 Would You Rather 6:00 Room Visits	10:00 Visits with Rudy 29 11:30 Too Fit to Fall 2:00 <u>Baking</u> 6:00 Movie Night	9:30 Strength Training 30 11:30 <u>Lunch at River View (List will be Posted)</u> 1:00 Tuck Cart 2:00 <u>Music with Helena Gathering Room</u> 4:00 Calendars Up	<h1>November 2022</h1> <h2>Maple Avenue</h2>		