

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

		1 9:15 Fitness <b>11:30 Food for Thought</b> 2:00 BINGO 4:00 One to Ones	2 9:15 Fitness <b>11:15 Anglican Church</b> <b>1:00 Tuck Cart</b> 2:00 Walking Club 4:00 Trivia (word scramble)	3 <b>10:00 Rudy Pet Therapy</b> <b>11:15 R.C Mass</b> <b>2:00 Music with Alan</b> <b>Gathering Room</b>	4 9:15 Friday Fun Fitness 11:00 Music with Barb Mair Gathering Room 11:15 Manicures 2:00 Baking 4:00 Juke Box Music	5 9:30 Saturday Strength Training 11:15 Sing Along 2:00 Bean Bag Toss 4:00 Travel to The United Kingdom
6 9:30 Sunday Stretches <b>11:00 David Chambers</b> <b>Gathering Room</b> 2:00 You Tube Service 4:00 Short Bible Stories  <small>Daylight Saving Time Ends</small>	7 <b>11:30 Hymn Sing with</b> <b>Milton</b> 2:00 Walking Club 4:00 Coloring Contest 6:00 Tea & Coffee Social	8 <b>10:00 Resident Council</b> 2:00 BINGO 4:00 Craft Time 6:00 Pub Night	9 9:15 Fitness <b>11:00 Church with</b> <b>Josiah</b> <b>1:00 Tuck Cart</b>	10 <b>10:00 Rudy Pet Therapy</b> 11:15 Fitness <b>2:00 Music Dan and</b> <b>Norbert Gathering</b> <b>Room</b> 4:00 Remembrance Day videos 6:00 Country Music Ho Down	11 Remembrance Day  <small>Veterans Day Remembrance Day (Canada)</small>	12 11:30 News and Views  1:30 One to ones Hall way walks
13 11:00 Hymn Sing on U tube  2:30 Sunday Social and Games	14 9:15 Fitness 11:15 Let's Build (Play-Doh) 2:00 Walking Club 4:00 Ring Toss	15 9:15 Fitness 11:15 Spa Music & Hand Massages 2:00 BINGO 4:00 One to Ones	16 <b>11:15 Presbyterian</b> <b>Church Service</b> <b>1:00 Tuck Cart</b> <b>2:00 Birthday Party on</b> <b>Oak with Al</b> 4:00 Trivia (Hang man)	17 <b>10:00 Rudy Pet Therapy</b> <b>2:00 Music with Steve</b> <b>Williams Gathering Room</b>  4:30 Humor Hour and Dad Jokes	18 9:15 Friday Fun Fitness 11:15 Manicures 2:00 Baking 4:00 Juke Box Music	19 9:30 Saturday Strength Training 11:15 Sing Along 2:00 Big Connect Four 4:00 Travel to Australia
20 9:30 Sunday Stretches <b>11:00 David Chambers</b> <b>Gathering Room</b> 2:00 You Tube Service 4:00 Short Bible Stories	21 11:15 Fitness 2:00 Walking Club 4:00 Coloring Contest 6:00 Tea & Coffee Social	22 11:15 Fitness 2:00 BINGO 4:00 Craft Time 6:00 Pub Night	23 9:15 Fitness <b>1:00 Tuck Cart</b>	24 <b>10:00 Rudy Pet Therapy</b> 11:15 Fitness <b>2:00 Music with Lynne</b> <b>Gathering Room</b> 4:00 Movie NIGHT 6:00  <small>Thanksgiving Day (US)</small>	25 11:00 Music with Barb Mair Gathering Room 11:15 Friday Fun Fitness 2:00 Cards & Flash Card Games 4:00 Room Visits 6:00 Country Music Ho Down	26 9:15 Saturday Stretches  1:00- 3:00 Christmas Craft Fair Nick Smith Center
27 11:00 Hymn Sing on U tube  2:30 Sunday Social Trivia	28 9:15 Fitness 11:15 Let's Build (Blocks) 2:00 Walking Club 4:00 Tong & Spoon Games	29 9:15 Fitness 11:15 Spa Music & Hand Massages 2:00 BINGO 4:00 One to Ones	30 11:15 Fitness <b>1:00 Tuck Cart</b> <b>2:00 Music with Helena</b> <b>in the Gathering Room</b> 4:00 Trivia (Starts with Letter)	<h1>November 2022</h1> <h2>Oak Crescent</h2>		